

## HEALTH & LIABILITY FORM

Camper's Name \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Street Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Camper's Home Phone \_\_\_\_\_

Parent/Guardian Business Phone \_\_\_\_\_

→ List any physical conditions that the SuperCamps Staff or physician should be aware of (i.e. allergies, recurring illnesses, disabilities, chronic illnesses, etc.)

In case of injury, I understand that I will be contacted during the child's examination in the emergency department. If I am not available, please contact:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Family Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

List month and year in which this camper received the following immunizations:

Diphtheria \_\_\_\_\_ Tetanus \_\_\_\_\_ Measles \_\_\_\_\_ Mumps \_\_\_\_\_

Hepatitis B \_\_\_\_\_ Haemophilus Influenza B \_\_\_\_\_ Rubella \_\_\_\_\_

Varicella (Chicken Pox) \_\_\_\_\_ Poliomyelitis \_\_\_\_\_ Whooping Cough \_\_\_\_\_

**Note: The immunization information MUST be completed in order for your child to participate!**

Insurance Co: \_\_\_\_\_ Subscriber Name: \_\_\_\_\_

Subscriber ID#: \_\_\_\_\_ Plan #: \_\_\_\_\_ Group #: \_\_\_\_\_

→ In the event that I am unavailable for purposes of providing parental consent, I hereby authorize the SuperCamps & SuperClinics staff at the host facility, or a physician to provide such hospital care that includes routine diagnostic procedures and medical treatment as necessary for my child. I understand that the consent and authorization granted herein does not include major surgical procedures and is valid only during the SuperCamp for which my child is registered.

→ I understand that neither SuperCamps & SuperClinics nor the host facility provides medical insurance for campers, and that in the event of an injury requiring treatment, hospitalization, and/or surgery, our family medical insurance must be used, and I further represent that such insurance will be in effect during my child's camp stay.

→ I agree to assume full responsibility for any damages to property as a result of my child's actions while at camp. I further agree to reimburse the host facility for said damages.

→ I hereby waive and release SuperCamps & SuperClinics and the host facility from any and all liability for any injuries incurred by my child while attending camp.

→ I understand that my child is not to have a car on campus, and I have verified this with my daughter. Failure to comply will result in dismissal from camp.

→ I have read and accept the earlybird discount program and refund policy within.

Parent or Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

## THINGS TO KNOW

### MEDICAL INSURANCE

**SuperCamps & SuperClinics**  
does not provide medical insurance for campers!

In the event of illness or injury requiring treatment, hospitalization, and/or surgery, family medical insurance must be used. SuperCamps and SuperClinics strongly recommends that camp participants be covered by personal/family insurance. Insurance information must be provided on the attached registration /health form. The signature of a parent or guardian granting permission to administer medical attention, if necessary, is required on the registration form. Medical care is provided by the EMT's and certified athletic trainers, and care is available during the camp sessions and in the residence hall areas in the evening and at night. Medical emergencies are referred to the Health Center at the host facility or to area hospitals if necessary.

#### REGISTRATION

1) Complete the enclosed registration form. BE SURE TO COMPLETE BOTH SIDES, INCLUDING THE REQUIRED HEALTH/IMMUNIZATION AREAS! Send your registration to:

SuperCamps, PO Box 541  
Canandaigua, NY 14424

2) A **non-refundable** deposit must be enclosed with your registration, and received by July 1st to reserve your spot! Full payment must be received by July 15th or SuperCamps has the right to go to its waiting list. \*\*A \$25.00 late fee will be charged for all new registrations and final payments received after July 15th. There will be NO EXCEPTIONS to this policy. Please forward final payments and/or applications in a timely fashion. Thank you.

#### EARLYBIRD DISCOUNTS

If applications/paid in full amounts of four or more participants from one team/school are submitted together in one envelope by May 1, 2010, a total of \$20.00 per person may be taken!

#### REFUNDS

Refunds will be given for medical reasons only! Upon receipt of a doctor's note, the participant will be given full credit toward a future SuperCamp SuperClinic.

#### OTHER

Upon receipt of your application, a confirmation letter will be mailed out containing detailed information regarding directions, what to bring, registration/pick-up times, etc.

Commuters attend 9:00am - 9:00am (lunch/dinner provided) Day Campers 8:30am - 4:30pm (lunch provided)

Make checks payable to: **SuperCamps & SuperClinics**

**SuperCamps & SuperClinics** has a N.Y.S. Dept. of Health permit to operate and is inspected twice yearly. Inspection reports and required health plan will be on file and available for review.

#### PLEASE REMEMBER!

Enrollment is **LIMITED**, and registrations will be accepted on a "first-come/first served" basis!

**Don't delay! Mail today!**

Questions? Call Coach Guy at (585) 394-4299

SuperCamps and SuperClinics  
presents...

2010  
Finger Lakes

Celebrating Our  
21st Year!

# CHEERLEADING SUPERCAMP

at Finger Lakes  
Community College  
Canandaigua, NY  
July 18-22, 2010

Ages 10-18



Technical Stunt Training

Step-by-Step Dance Routines

Personal One-to-One

and Team Fun!

## PARENTS

Do you desire a camp that provides a positive, well-rounded experience for you daughter?  
Do you insist on a safe environment, and experienced staff and quality supervision during your daughter's stay?  
Would your daughter benefit from a camp that emphasizes SKILL DEVELOPMENT and FUNDAMENTALS, rather than the "routines-only" approach taken by other camps?  
Would you like all of this at a reasonable rate?  
**SuperCamps is all of this and more!**

Get a head start on  
your competition!  
Additional brochures available on-line at  
[www.supercampsandclinics.com](http://www.supercampsandclinics.com)

## THE PROGRAM

### TYPICAL DAILY SCHEDULE

8:00-8:30	Stretch and Warm-up
8:30-9:30	Skill Classes (Jumps, Arm Drills, Gymnastics & Stunts)
9:30-9:45	Mid-Morning Break
9:45-10:15	Sideline Cheers
10:15-11:15	Private Coaching
11:15-11:30	Review
11:30-1:00	Lunch
1:00-2:30	Beginner/Intermediata/Advanced Stunts
2:30-3:00	Fun Activity
3:00-4:00	Dance Workshop/Advanced Class
4:00-4:30	Review
4:30-5:00	Private Coaching
5:00-7:30	Dinner & Break Time
7:30-8:30	Private Coaching
8:30-9:30	Activity

<b>You Will Learn...</b> More stunts and transitions than ever before New Cheers, Chants, & Sidelines Great Dance Routines	<b>Coaching Seminars</b> Special Instructional Sessions for New Coaches
<b>Youth Instruction</b> Specialized Programs for Young Cheerleaders in grades 7-8	<b>Team Camp Instruction:</b> Bring your entire team and learn new material to be one up on your competition. Team Discounts are available!
<b>New Cheers &amp; Sidelines</b> Our camp teaches tips on changing stunt technique. They are sure to improve your team and raise your school spirit.	<b>Additional Features</b> Mirrored Dance Studio. Optional mailings throughout the year stressing motivation. Air-Conditioned lounges. Excellent Food!

**Awards:** Campers are rewarded for hard work at camp. Awards include ribbons & certificates.

Compare our camp to other camps in New York State. We offer you a chance to develop your overall skill in a positive, well-structured environment. At SuperCamps, Fundamentals are **FUNDAMENTAL!**

### WHAT IS THE SuperCamp DIFFERENCE?!

Our staff has been carefully selected and includes some of the best cheerleading coaches in the area. They are here to **TEACH** and make you a total cheerleader. We have proven, successful coaches! Check us out!

We teach **FUNDAMENTALS!** Our emphasis is on total player development. Players have easy access to indoor facilities. Unlike other camps, we **DO NOT** need to bus our participants to other sites. All facilities are within a short walking distance, including our excellent dining facilities and spacious suite style residence halls.

### EACH CAMPER RECEIVES...

- ✓ **Free SuperCamp T-SHIRT!**
- ✓ **Free Personal Water Bottle!**
- ✓ **Quality Individual & Group Instruction!**

What makes a **GREAT** Cheerleading Camp?

## COACHING STAFF

### CAMP DIRECTOR – Justin Schneider

- Tumbling Instructor at Eagle Gymnastics
- Tumbling/Starting Instructor at Core Athletics
- Member of COA National Championship Team
- Assistant Cheer Coach-Brockport State
- Member of Multiple All-Star Teams
- Member of Core Athletics Open Co-Ed Level Six Team
- Former Instructor at Rochester Elite All-Heat

### CO-DIRECTORS – Marlee Taft & Marlese Kott

Head Coaches • Canandaigua Academy

- Former NFL Buffalo Jill's Cheerleaders
- Major League Lacrosse All-Star Travel Team – Captains/Choreographers
- National Lacrosse League – Rochester Knighthawks – Captains / Choreographers
- Rochester Raiders – Cheer Director
- Rochester Brigade Arena Football 112 – Captains/ Choreographers
- Ballet, Tap, Jazz & Hip-Hop Instruction
- 2006 Section V Class AA Coaches of the Year
- National Federation Cheer Limited Judges – CPR, AED & 1st Aid
- 2008 Section V Class AA Coaches of the Year

### Ray Miles

- 3 Year Rocheter Elite All-Heat Cheerleader
- 1 year Assistant Head Coach for Blue Angel All-Star Cheerleading
- 3 year Coach for Livonia Varsity Cheerleading
- 1 year Assistant Head Coach Penfield Varsity Cheerleading
- 5 year Cheer Tumbling Instructor at Eagle Gymnastic
- 3 year Rochester Elite All-Heat Tumbling Coach
- 4 year Universal Cheerleaders Association (UCA) Staff Instructor
- National Council for Spirit Safety & Education (NCSSE) Certified in Stunts & Tumbling
- American Association of Cheerleading Coaches and Administrators (AACCA) Certified in Safety
- Over 5 years of Professional Judging Experience across the Northeast

**Teresa Brodner**  
Brockport H.S.

**Charlene Finigan**  
Mt. Morris H.S.

SuperCamp staff also includes other quality high school coaches, and additional college cheerleaders to serve as junior instructors and aid in supervision.

### LIMITED ENROLLMENT

Enrollment is limited to 120 athletes, not the 300+ that some camps try to fit into a week. This ensures that each camper will receive the **INDIVIDUAL ASSISTANCE** she deserves. Our emphasis is on **TEACHING** the fundamentals of cheerleading and developing the **SKILLS** necessary for our athletes to excel. We believe the **QUANTITY** of athletes in attendance is not nearly as important as the **QUALITY** of the instruction they receive.

## 2010 Finger Lakes Cheerleading SuperCamp

### CAMPER REGISTRATION FORM

Camper's Name \_\_\_\_\_

Camper's Address \_\_\_\_\_

Camper's Email Address \_\_\_\_\_

Camper's Age \_\_\_\_\_ Grade in School as of May 1, 2010 \_\_\_\_\_

School Name \_\_\_\_\_

School Address \_\_\_\_\_

Coach's Name \_\_\_\_\_

Coach's Home Phone \_\_\_\_\_

Roommate Request (one name only) \_\_\_\_\_

T-Shirt Size (Circle One!)      Small      Medium

<b>2010 Finger Lakes Cheerleading SuperCamp at FLCC July 18-22 2010</b>	<b>Full Pymt</b>	<b>Deposit Only</b>	
	Basic Fees (If paid in full by July 1st)		
	Resident Camper:	<b>\$385</b>	<b>\$150</b>
	Day Camper:	<b>\$250</b>	<b>\$150</b>
Late Fees: (If paid in full after July 1st)			
Resident Camper:	<b>\$410</b>		
Day Camper:	<b>\$275</b>		
Account Remitted:	_____		
Check #:	_____		
(office use only)    F    P    ___/___/___			

This form may be photocopied for other teammates who are also interested in attending. Upon receipt of your **Registration and Health Form**, a confirmation letter will be sent to your home address. Please keep the other part of this form, which contains important information for campers. If you have questions, please call **Coach Guy** at 585-394-4299.

Additional brochures available on-line at  
**www.supercampsandclinics.com**